

STRING SOUND STUDIOS

Michael Violette

Left Hand:

1. Hold the guitar on an angle use a footstool if needed.
2. Your thumb should stay behind the guitar neck.
3. Your palm should not touch the guitar neck.
4. Press the strings with your fingertips keeping them spread and curved.
5. Sit with proper posture and shoulders relaxed.

Right Hand:

1. Close hand-clamping the pick between thumb and first finger.
2. The motion comes from elbow using a down up stroke.
3. Keep your wrist straight and use the very tip of the pick.

Starting on the first string play each note in the four-note sequence twice using a down then up pick, Follow the same procedure on the B,G,D,A,E, strings. Work your way back to the first string and upon completion move to the next four note sequence and repeat the cycle. Do one exercise group per week.

Group 1:	1212	1213	1214	1232	1234	1242	1243
Group 2:	1312	1313	1314	1323	1324	1342	1343
Group 3:	1412	1413	1414	1423	1424	1432	1434
Group 4:	2121	2123	2124	2131	2134	2141	2143
Group 5:	2313	2314	2321	2323	2342	2341	2343
Group 6:	2431	2414	2421	2423	2424	2431	2434
Group 7:	3121	3124	3131	3132	3134	3141	3142
Group 8:	3212	3214	3231	3232	3234	3241	3242
Group 9:	3412	3414	3421	3424	3431	3432	3434
Group 10:	4121	4123	4131	4132	4141	4142	4143
Group 11:	4212	4213	4231	4232	4241	4242	4243
Group 12:	4312	4313	4321	4323	4341	4342	4343